

PALINSESTO

LUN

MAR

MER

GIO

VEN

SAB

8:30

**PULSE
PILATES**
ANDREA

**LIVE
BETTER**
ANDREA

9

**ATHLETIC
PILATES**
ALE M

9:30

BE REAL
ANDREA

**TRAIN
HARD**
ANDREA

10

**TRAIN
HARD**
ALE D

13

**LIVE
BETTER**
ANDREA

BE REAL
ALE M

17:30

**PULSE
PILATES**
ROX

18

BE REAL
ROX

**LIVE
BETTER**
ALE M

18:30

**TRAIN
HARD**
ROX

BE REAL
ANDREA

**LIVE
BETTER**
DIEGO

19

**PULSE
PILATES**
ROX

**TRAIN
HARD**
ALE M

19:30

**LIVE
BETTER**
ROX

**TRAIN
HARD**
DIEGO

BE REAL
ROX

LEVEL



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THE ROOM
FITNESS EXPERIENCE

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